

MEDIA ALERT

1-8-08

MEDICAL BREAKTHROUGH

Reported in the prestigious Journal of Reconstructive and Plastic Surgery a study shows the most significant medical advancement in 60 years for the world's most common condition.....carpal tunnel syndrome which affects 10% of the world's population. This renowned peer reviewed journal reports on THE BROWN PROCEDURE endoscopic carpal tunnel treatment performed on nearly 15,000 patients over a 12 year period. The report defines a new paradigm in this condition recommending this minimally invasive and definitive treatment for those with carpal tunnel of 8 weeks duration or longer. The authors noted a 3.7% incidence of permanent nerve damage if the carpal tunnel symptoms persisted for 8 weeks and increasing incidence of permanent nerve damage the longer symptoms persisted. The authors found non-operative treatment with medications and steroids (and other treatments) to be failures 98% of the time. This report notes other endoscopic procedures attempted have not had the same safety or efficacy as **THE BROWN PROCEDURE** now recommended being the treatment of choice for CTS symptoms of 8 weeks or longer duration. **THE BROWN PROCEDURE** is performed in less than 5 minutes in an outpatient setting and requires no stitches. Most patients return to hand use the following day with **unrestricted use in 7 days**. There were no reported nerve or artery injuries in this very large patient group studied over a very long time. This stands in sharp contrast to other endoscopic methods that were fraught with iatrogenic (caused by the surgeon) problems which lead to confusion in the early 1990's. The last breakthrough in treating Carpal Tunnel Syndrome occurred in 1947 when the first open carpal tunnel procedure was performed. Since then patients and doctors have avoided this effective yet often permanently painful surgery opting for drug treatments or injections, now shown to be ineffective in curing CTS and dangerous in that definitive treatment is delayed and patients, when finally undergoing surgery, often already have sustained permanent nerve damage from longstanding CTS. **CTS costs employers billions of dollars in months of lost worker time and cost for ineffective and "gimmick" treatments. The Brown Procedure allows early return to work with inherent cost savings.** **THE BROWN PROCEDURE**, in trained hands, is now reported to be the **treatment of choice for Carpal Tunnel Syndrome**. This procedure was developed and patented by Michael G. Brown, M.D., Founder of The Hand Center in Houston Texas and Brown Hand Center across the country. For more information go to www.carpaltunnel.com or www.thehandcenter.com. Instrumentation and training in this technique is available through Instratek, Inc.

Note: This article appeared in the so called "White Journal" which is to Plastic and Reconstructive Surgery what The New England Journal of Medicine is to internal medicine. For interviews with Dr. Brown, the technique's developer, or for reprints of the entire article call 713 586 3120 or 281 435 0235 (THE HAND CENTER, HOUSTON, TEXAS)